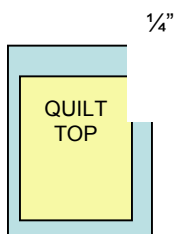
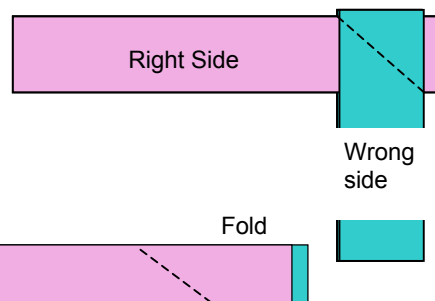


Binding a Quilt with Sandi Delman

Make your strips:

Measure your quilt to decide length of binding needed, add 12 inches
 Straight grain is fine for all square or angular corner quilts
 Use bias for all curved edges

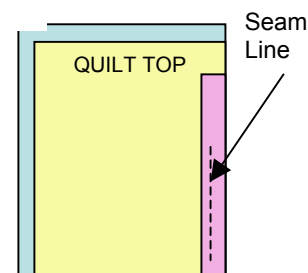
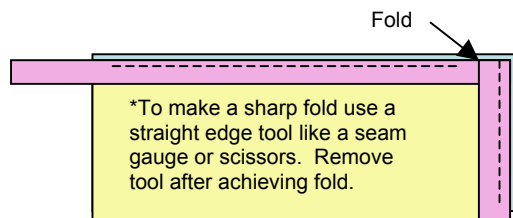
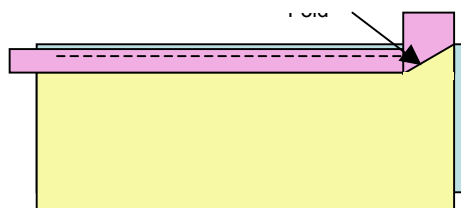
- Cut strips 2 ½ inches wide
- Layer and sew strips as shown to achieve length needed
- Sew along dotted line, trim to ¼ inch. Fold over, press seam open.
- Press the strip in half, lengthwise, wrong sides together



- Prep the quilt:
- Cut the quilted top ¼ inch WIDER than the edges of the top, this will make the binding "full"

Press onto the quilt top:

Press the edge of the binding strip flush with the quilt top. (If you wish to include a sleeve see last page.)
 2 inches unsewn (you'll see why later)
 Press using a ¼ seam



Mitering the corners:

- Sew to within ¼ inch of the quilt top edge. Backstitch once, needle down. Lift presser foot, rotate quilt top 90°. Backstitch to end of quilt top. Fold binding strip over itself to form a 45° fold. Fold down again*, with presser foot down start stitching again continuing around the entire quilt.
- Sew to within 5 inches from the start of your binding seam. With needle and presser foot down,
- Open binding and fold inside itself creating a 45° angle. Tuck the 2 inch beginning inside the end of the binding. Continue sewing to the start. Cut the excess binding even with the quilt back.

Overlapping ends:

- Nearing the two ends of the binding, stop about 2" away, use one of these methods:
1. Overlap by ½ inch, cut top strip end, flip and join ends in a ¼ inch seam and complete sewing it to the quilt top
 1. Cut both ends at a diagonal (distributes the bulk of the seam better) with a 2 inch overlap, fold over ¼ inch edge on bottom strip end, insert top strip end into bottom end and stitch
- Sew to within 5 inches from the start of your binding seam.
 - With needle and presser foot down, open binding and fold inside itself creating a 45° angle. Tuck the 2 inch beginning into the end of the binding.
 - Continue sewing to the start.
 - Cut the excess binding even with the quilt back.

- At corners stitch one stitch beyond seam fold binding over creating a mitered corner and using a tack stitch, secure miter. Continue stitching.

If you wish to include a sleeve, cut an 8 inch piece of fabric the lengthwise width of the quilt top. Turn under ¾ inch twice on either end of the sleeve and machine edge stitch. Fold in half widthwise, wrong sides together and press. Find the sleeve's lengthwise middle and pin to the quilt top's middle with raw edges even continue pinning from the middle out (this finishes the sleeve 1 ½ inches inside the binding on each side). When the binding is sewn down the one side of the sleeve will also be attached at the same time. Whip stitch in place the bottom sides and bottom of the sleeve.

- Smile! You're done, don't forget to add a label and do a documentation sheet.